## WHAT IS CLAIMED IS:

1. A compound comprising the formula:

5 (I)  $Z_{1}-X_{1}-X_{2}-X_{3}-X_{4}-X_{5}-X_{6}-X_{7}-X_{8}-X_{9}-X_{10}-X_{11}-X_{12}-X_{13}-X_{14}-X_{15}-X_{16}-X_{17}-Z_{2}$ 

wherein:

 $X_1$  is an apolar residue;

X<sub>2</sub> is a hydrophobic residue;

10 X<sub>3</sub> is an acidic or an aliphatic residue;

 $X_4$  is a basic residue;

 $X_5$  is an apolar residue;

 $X_6$  is an aromatic residue;

 $X_7$  is a polar residue;

 $X_8$  is an aliphatic residue;

X<sub>9</sub> is an acidic or an aliphatic residue;

 $X_{10}$  is an aromatic residue;

 $X_{11}$  is an aromatic residue;

 $X_{12}$  is a polar residue;

 $X_{13}$  is Ile;

 $X_{14}$  is an apolar residue;

X<sub>15</sub> is an acidic residue;

X<sub>16</sub> is a polar residue;

 $X_{17}$  is a basic or an aliphatic residue;

 $Z_1$  is  $H_2N_-$ , RHN- or, RRN-;

Z<sub>2</sub> is -C(O)R, -C(O)OR, -C(O)NHR, -C(O)NRR where each R is

independently  $(C_1-C_6)$  alkyl,  $(C_1-C_6)$  alkenyl,  $(C_1-C_6)$  alkynyl, substituted  $(C_1-C_6)$  alkyl,

substituted (C<sub>1</sub>-C<sub>6</sub>) alkenyl or substituted (C<sub>1</sub>-C<sub>6</sub>) alkynyl; and

"—" is a covalent linkage.

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2. The compound of Claim 1, wherein:

 $X_1$  is an apolar amino acid;

 $X_2$  is an aromatic amino acid;

X<sub>3</sub> is an acidic amino acid;

 $X_4$  is a basic amino acid;

		$X_5$ is an apolar amino acid;
		$X_6$ is an aromatic amino acid;
		$X_7$ is a polar amino acid;
		$X_8$ is a aliphatic amino acid;
5		$X_9$ is a an acidic amino acid;
		$X_{10}$ is an aromatic amino acid;
		$X_{11}$ is an aromatic amino acid;
		$X_{12}$ is a polar amino acid;
		$X_{13}$ is Ile;
10		$X_{14}$ is an apolar amino acid;
		X <sub>15</sub> is an acidic amino acid;
		X <sub>16</sub> is a polar amino acid;
		X <sub>17</sub> is a basic amino acid; and
		"—" is an amide, substituted amide or an isostere of amide thereof.
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	3.	The compound of Claim 2, wherein:
		$X_1$ is Gly;
		$X_2$ is Trp or Ala;
		$X_3$ is Asp or Ala;
20		$X_4$ is His;
		$X_5$ is Met;
		$X_6$ is Phe;
		$X_7$ is Thr;
		$X_8$ is Val;
25		$X_9$ is Asp or Ala;
		$X_{10}$ is Phe;
		$X_{11}$ is Trp;
		$X_{12}$ is Thr;
		$X_{13}$ is Ile;
30		$X_{14}$ is Met;
		$X_{15}$ is Glu;
		$X_{16}$ is Asn; and
		$X_{17}$ is His or Ala.
		Z1 is H2N;
35		Z2 is -C(O)OH; and

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## "-" is an amide linkage.

- 4. The compound of Claim 3, wherein said compound is selected from the group consisting of SEQ ID NOS. 1-6.
- 5. A pharmaceutical composition comprising the compound of Claim 1 and a pharmaceutical excipient carrier or an excipient.
- 6. A pharmaceutical composition comprising the compound of Claim 2 and a 10 pharmaceutical excipient carrier or an excipient.
  - 7. A pharmaceutical composition comprising the compound of Claim 3 and a pharmaceutical excipient carrier or an excipient.
- 15 8. A method of inhibiting TfR binding to transferrin, comprising administering to a subject a therapeutically effective amount of the compound of Claim 1.
  - 9. A method of inhibiting TfR binding to transferrin, comprising administering to a subject a therapeutically effective amount of the compound of Claim 2.
  - 10. A method of inhibiting TfR binding to transferrin, comprising administering to a subject a therapeutically effective amount of the compound of Claim 3.
- 11. A method of treating an iron overload disease, comprising administering to a subject a therapeutically effective amount of the compound of Claim 1.
  - 12. A method of treating an iron overload disease, comprising administering to a subject a therapeutically effective amount of the compound of Claim 2.
- 30 13. A method of treating an iron overload disease, comprising administering to a subject a therapeutically effective amount of the compound of Claim 3.